

# My morning check list

	<b>Mon</b>	<b>Tues</b>	<b>Wed</b>	<b>Thurs</b>	<b>Fri</b>
<b>Wash my face</b>					
<b>Brush my teeth</b>					
<b>Get dressed</b>					
<b>Pack my school bag</b>					
<b>Wear my SunSmart hat</b>					
<b>Apply SPF30 or higher sunscreen</b>					



[sunsmart.org.au](http://sunsmart.org.au)

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